

Risk Assessment – Nightline

Baseline	<input checked="" type="checkbox"/>	Site Specific		Vulnerable Person		Temporary		Version	01/08/23	Date of issue:	01/08/2023
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Operating notes:

- Supervision ratio is 1 instructor to 30 participants, with 1 additional adult to assist supervision.
- Instructor to be trained to in-house syllabus. Refresher training as directed by coaching sessions
- The course should avoid areas of thorny or stinging vegetation. Wooden components that may become slippery must be covered with a textured surface. Hollows in which water may collect should be filled in, and persistent puddles drained regularly.

Risk – Benefit Statement: There is very low risk of minor cuts, grazes and bruises but high levels of participation in communication and teamwork exercises making the risk tolerable.

Hazard Description and activities giving rise to risk	Who may be harmed	Control measures	Risk rating
Apparatus – Wear and tear of course	All	<input type="checkbox"/> Check the condition of the activity area and apparatus before using it	Low
Apparatus – Irritation from dirty blindfolds	Participants	<input type="checkbox"/> Blindfolds will be subject to regular cleaning as detailed within the Site Specific Risk	Low
Apparatus – Slipping on apparatus during wet weather causing bruises, grazes or fractures.	All	<input checked="" type="checkbox"/> Limit access to slippery sections if it is too slippery to continue safely	Low
Activity area – Contact with thorny or stinging vegetation.	Participants	<input checked="" type="checkbox"/> Plant growth should be cut back if it interferes with the course	Low
Environmental Infections – Crawling through mud and puddles can expose participants to waterborne or faecal infections.	Participants	<input type="checkbox"/> Check for signs of animal activity. If poo is visible avoid the area. <input type="checkbox"/> Ensure all open cuts are covered with a dressing to prevent infection. <input type="checkbox"/> Where participants are likely to get muddy, or getting muddy is encouraged, instructor must remind the group not to put mud on their faces. <input type="checkbox"/> Brief participants to wash their hands thoroughly at the end of the activity and before eating or drinking.	Low
General participation – Collision with other participants causing cuts bruises, grazes or banged heads	Participants	<input type="checkbox"/> Ensure participants are well spaced. Position yourself to control participant flow to prevent each being kicked by the previous one.	Low
General participation – Collision between participants being directed towards an object by team mates.	Participants	<input type="checkbox"/> Always have an object per team to avoid blindfolded participants colliding over the same object.	Low